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Performance Under Stress

Edited by Peter A. Hancock and James L. Szalma, both of University of Central Florida


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What is the impact of stress on soldier performance on the modern, electronic battlefield? This book brings together leading researchers from diverse perspectives to shed light on this critical question. Using a variety of methodological and conceptual approaches, the insights generated represent a benchmark in the present state of understanding and provide a range of directions for future research in this arena.

Although this work focuses on soldier stress and soldier performance, the principles that are derived extend well beyond this single application. Their findings can be applied to people facing the demands of the business world or research as much as to those who meet life or death situations, such as homeland security, first responders, and law enforcement personnel.

Key Points
• Combines contributions from both traditional academics and military researchers.
• Directly applicable to defense environment and to stressful situations elsewhere.

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